



# المؤتمر الليبي الرابع للسكري والغدد الصم

The Fourth Libyan Diabetes and Endocrinology Conference

29<sup>th</sup> April to 1<sup>st</sup> May 2006, Corinthea Bab Africa, Tripoli, Libya

29 إبريل إلى 1 مايو 2006 مسيحي

فندق كورينثيا باب أفريقيا بطرابلس الجماهيرية

## الخطوط العريضة للبرنامج النهائي

OUTLINES OF FINAL PROGRAMME

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## FINAL PROGRAMME OUTLINES

Saturday 29.4.2006

Morning Session: (Max 4 CPD Credits):

8.15 - 9.00: Key Note Lecture:  
Chair: Professor Ibrahim Sherif (Tripoli)

Diabetic nephropathy: a 2006 update  
Dr. Abdulfattah Lakhdar, MBBCh MSc FRCP (UK)

9.00 - 9.25: Wellcome and Opening The Organizing Committee

9.25 - 9.50: Coffee & Networking/Posters

9.50-12.15:

Symposium 1: Diabetes: Size of the Problem  
Chairs: Dr. Taher Berish and Dr Abdulkareem Zawawi

9.50 -10.20: Diagnosis and classification of glucose intolerance states. Dr. Fellani Mohamed (Canada)

10.20-10.50: The metabolic syndrome in 2006 and beyond.  
Dr. Tarek Fiad (UK)

10.50-11.20: Gestational diabetes: Should we screen?  
Dr Lubna Maghur (Tripoli)

11.20-11.40: Neonatal diabetes. Dr. Ahmed Shamekh (UK)

11.40-12.00: Can diabetes be prevented?  
Professor Ahmed M Swalem (Benghazi)

12.00-12.15: OC1. Infection-related morbidity and mortality among Libyan diabetic patients in Tripoli medical centre. Hawa El-Sharif (Tripoli)

12.15-13.00 State of the Art Lecture 1:  
Chair Dr. Abdulfattah Lakhdar (UK)  
Modern management of hyperprolactinaemia  
Professor Ahmed Swalem, MBBCh FRCP (Benghazi).

13.00-18.00 Posters/Free Time/Informal Activities & Interactions/Satellite/  
Meet the expert Sessions

Evening Session: (Max 3 CPD Credits)

18.00 -20.00 Workshop 1. Management of diabetes: from life style to insulin"  
Chairs Dr Ahmed Dhaim (Tripoli) & Hawa Sherrif (Tripoli)

18.00-18.30 Diet for Libyan diabetics: Dr Issam Hajjaji (Tripoli)

18.30-19.00 Optimal use of the old and newer oral anti-diabetic drugs. Dr Salem Beshyah (UK)

19.00-19.30 Effective insulin injection therapy: Principles and Practice. Dr. Soad Bosseri (Brunie)

19.30-20.00 Panel discussion and interactive cases: Panel

20.00- 20.45: The Ibn-Sina Medal Lecture.  
Chair: Dr. Issam Hajjaji (Tripoli)  
Models of structured education for people with diabetes  
Dr. Soad Bosseri, MBBCh DTM MSc MRCP(UK) (Brunei)

Sunday 30.4.2006

Morning Session: (Max 4 CPD Credits): Registration: 8.00 am

8.30- 9.15. Plenary Lecture 1:  
Chair: Professor Salah Gerryo (Benghazi)  
Management of adrenal disease in the era of the laparoscopy  
Dr Ali Ghellai, MD (USA)

9.15 – 9.45: Coffee & Networking/Posters:

9.45- 12.15  
Symposium 2.

Complications of diabetes:  
Chairs: Dr Salem Habroush and Dr. Tarek Fiad

09.45-10.15 Hypertension in diabetes Dr. Kamal Abougila (UK)

10.15-10.45 Diabetic eye disease. Mr. Khalifa Bakoush (Tripoli)

10.45-11.15 The diabetic foot. Dr. Soad Bosseri (Brunei)

11.15-11.45 Advances in management of sexual dysfunction in diabetic men.  
Professor Elhadi Hussein (Tripoli)

11.45-12.00 OC2 Prevalence of microalbuminuria and awareness of its significance in newly-diagnosed type 2 diabetic patients in Tripoli, Libya. Salah Ben Hamed & Issam Hajjaji (Tripoli)

12.00-12.15 OC3. The correlation between HbA1c levels and diabetic retinopathy in Libyan patients. Khaled Al-Hajjaji and Abdulrahman Benzeglam (Tripoli).

12.15-13.00: State of the Art Lecture 2:  
Chair: Dr. Salem Beshyah (UK)  
Controversies in thyroid disease: more questions than answers !  
Professor Ibrahim Sherif, MB FRCP(Ed)  
Professor of Medicine, Tripoli, Libya.

13.00-14.00 Posters

1.00-18.00 Free Time/Informal Activities & Interactions/Satellite/ Meet the Expert Sessions

Evening Session: (Max 2.5 CPD Credits)

18.00 – 20.00 Workshop 2: Diabetic and endocrine emergencies  
Chairs: Dr. Aisha Lazrag & Dr. Houda Kallousa

18.00-18.25 Thyroid emergencies. Dr. Kamal Abougilila (UK)  
18.25-18.50 Adrenal and pituitary emergencies. Dr Fellani Mohamed (Canada)  
18.50-19.15 Diabetic ketoacidosis in adults. Dr. Salem Habroush (Tripoli)  
19.15-19.40 Hypoglycaemia Dr. Soad Bosseri (Brunei)  
19.40-20.00 Panel discussion and cases

20.00- 20.45 Mohamed Hasan Al-Fitouri Medal Lecture:

Chair: Professor Ahmed Swalem  
Diabetes in Libya: A national strategy.  
Dr. Issam Hajjaji, MB MA MRCP  
Consultant Physician, Tripoli, Libya

Monday, 1st May 2006: Registration Desk opens 8.00 am

Morning Session: (Max 3 CPD Credits)

9.00 - 9.45: Plenary Lecture 2:  
Chair: Dr Salem Beshyah  
Polycystic Ovary: metabolic and reproductive perspectives  
Dr. Tarek Fiad, MD FRCPI FRCP  
Consultant Physician, West Midlands, UK.

9.45 – 10.15 Coffee & Networking/Posters

10.15.- 12.15: Symposium 3. Diabetes and Endocrinology in Childhood and Pregnancy:  
Chairs: Dr. Ahmed Dhaim & Dr. Bahloul Ben Masoud

10.15 - 10.45 Epidemiology type 1 diabetes in Benghazi.  
Professor Othman Kadiki

10.45 – 11.15 Modern management of DKA in children:  
Dr Ahmed Shamek

11.15 - 11.45 Thyroid disease during pregnancy.  
Dr Aisha Lazraq

11.45 - 12.00 OC4. Perinatal morbidity and mortality in relationship with the degree of glycaemic control in al-khadra hospital, Tripoli, Libya.  
Fowzia M Al-Qadafie, A Abudaber, Fathia Rhoma and Mostafa Mormesh (Tripoli).

12.00-12.15 OC5: The trend of prevalence of marosomia in Tripoli, Libya (1983-2005). Amal Elkaroubi, Asma Arebi, Nadia Ayad, Malak Elazrag and Soad Omran Othman. (Tripoli).

12.15 - 13.00: State of the Art Lecture 3.  
Chair: Dr Soad Bosseri  
Lipid lowering in diabetes: From evidence to clinical practice  
Dr. Mohsen Eleddrisi, MBBCh MD FACE  
Consultant Endocrinologist, Riyadh, KSA.

13.00-18.00 Posters/Free Time/Informal Activities & Interactions/Satellite/Meet the expert Sessions

Evening Session: (Max 2.5 CPD Credits)

18.00 - 20.00: Workshop 3: Educating the Educators (in Arabic)

Chair: Dr. Idris Esharaey & Dr Mohamed Abouhmaira

18.00-18.25 What is diabetes: What the patient must know.  
Dr. Salem Beshyah (UK)

18.25-18.50 Diabetic dieting the Libyan way. Dr. I. Hajjaji (Tripoli)

18.50-19.15 Drug treatment of diabetes: Dr. Soad Bosseri (Brunei)

19.15-19.35 Complications of diabetes: an overview.

Dr. Abdulfattah Lakhdar (UK)

19.35- 19.55 The diabetic foot. Mr Saleh Damaja (Tripoli)

20.00 - 20.45: The Abdel Razik El-Zawawi Memorial Lecture

Chair: Professor Taher Shafeh  
Modern management of primary hyperparathyroidism: Evidence-based or dogma?  
Mr. Salem Alhamali, FRCS(Eng.)  
Consultant Surgeon, Kettering, UK

20.45 - 21.00: Close of the Conference

## MEMBERS OF THE ORGANIZING COMMITTEES

### Programme Organizing Committee:

Dr. Salem A Beshyah (Chair)  
Dr. Issam Hajjaji  
Dr. Soad Bosseri  
Dr. Abdulfattah Lakhdar  
Dr. Mohsen Eledrisi  
Dr. Kamal Abougilila  
Dr. Tarek Fiad

### Local Organizing Committee:

Dr. Issam Hajjaj (Chair)  
Dr. Salem Beshyah  
Dr. Taher Berish  
Dr. Aisha Lazrag,  
Dr. Hawa Sheriff  
Dr. Salem Habroush

### National Advisory Board

Professor Ibrahim Sherif  
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Dr Ahmed Dhaim  
Professor Ahmed Swalem  
Professor Othman Kadiki  
Professor Salah Gerryo  
Professor Taher Shafeh

## تتقدم اللجان المنظمة بالشكر الجزيل للشركات الراعية

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